

The Bonnyman Gazette is the official newsletter of the Lt. Alexander Bonnyman Detachment #924 Marine Corps League, PO Box 53293, Knoxville, TN 37950. Articles and photos are due to the Editor no later than the 15th of each month. The Editor is Jeff Tegzes, ntegzes@gmail.com, (865) 809-1585.

Detachment & Auxiliary Meetings

We meet monthly on the last Tuesday of the month at the Karns Community Club Youth Center, 6616 Beaver Ridge Road, Knoxville, TN. Social hour begins at 1730 followed by a business meeting at 1830.

Detachment Officers

Commandant

Ken DeBoer (865) 771-8025

Junior Past Commandant

Jim Williams (865) 740-4155

Senior Vice Commandant

Carlos Reyes (865) 888-1613

Junior Vice Commandant

David Terwell (970) 531-8173

Adjutant

Eric Nash (865) 693-5711

Paymaster

Lee Rhinemiller (865) 414-3460

Chaplain

Ron Naugle (571) 565-6980

Judge Advocate

David Hatfield (865) 577-7303

Sergeant-at-Arms

Aaron Brown (910) 787-3897

Web Sergeant: mclknnoxville.org

Tim Shea (865) 408-7900

Detachment Quartermaster

Larry George (865) 789-6535

Ladies Auxiliary President

Charlene Cotton ((865) 279-4652

APRIL DETACHMENT MEETING CANCELLED

AN IMPORTANT MESSAGE FROM COMMANDANT DEBOER:

TO COMPLY WITH REASONABLE CAUTION AND THE GENERAL CONSENSUS, I AM CANCELLING THE APRIL MEMBERSHIP MEETING SCHEDULED FOR 28 APRIL 2020. THE PURPOSE IS TO PROTECT OUR PERSONAL HEALTH AND TO CONTRIBUTE TO THE EFFORT TO CONTROL THE SPREAD OF THE VIRUS.

I ENCOURAGE EACH OF YOU TO CONTINUE NECESSARY COMMUNICATIONS WHEN NECESSARY VIA EMAIL. BE SURE TO COPY (CC) THOSE INVOLVED OR EFFECTED BY YOUR COMMUNICATIONS. EVERY EFFORT WILL BE MADE TO KEEP YOU INFORMED WHEN WE WILL BE ABLE TO START MEETING AGAIN.

SEMPER FI AND STAY HEALTHY!

COMMANDANT'S CORNER

First and foremost, I hope this message finds you and your families in good health. The COVID -19 virus continues to affect our families, work and everyday life. The President & the CDC seem to refine their response on a daily basis in the effort to contain this deadly disease. We find ourselves not inviting people into our homes or visiting family: not shaking hands or kissing hello or goodbye. We need to be safe, to stay healthy and take care of each other. The Officers of the Detachment are available to help those in need.

Communicate. Keep the faith. Remember our brotherhood. God Bless you all.

I hope to be able to get our members together for a Detachment Meeting in May. I am exploring the possibility of an outdoor meeting at a new location. Information will follow as we see how the virus progresses.

Semper Fi,
Ken DeBoer, Commandant



FROM THE CHAPLAIN

THE THOUSAND-YARD STARE

"Why art thou cast down, O my soul? and why art thou disquieted in me? hope thou in God: for I shall yet praise Him for the help of His countenance. O my God, my soul is cast down within me: therefore will I remember Thee from the land of Jordan, and of the Hermonites, from the hill Mizar." Psalms 42:5-6

The thousand-yard stare is a battlefield syndrome in which a combatant may become lost in thought due to stress from the fight. This syndrome is named such because the individual affected may seem to be focusing on an object very far away and may even become unresponsive to external stimuli. The phrase was coined during World War Two and has been called battle fatigue, shell shock, and post-traumatic stress disorder. Symptoms can vary over time or vary from person to person, can last for months, years, or even decades, and can interfere with your day-today functioning. It has been said, that if you've ever lived in a heightened state of awareness for long periods of time, you may never come down. We may have survived the battles, but I doubt if too many of us survived the war.

There are a host of symptoms including the reliving of events (flashbacks); nightmares; emotional or physical reaction to reminders of events (war movies); avoiding places, people, and social activities; negative thoughts about yourself, other people, or the world; the future seems hopeless; memory problems; difficulty maintaining close relationships; feeling of detachment from family and friends; decline in former interests; difficulty expressing positive emotions; feeling emotionally numb; easily startled or frightened; always on guard for danger; self-destructive behavior, such as drinking too much, reliance on drugs or driving too fast; trouble sleeping; trouble concentrating; irritability, angry outbursts or physically aggressive behavior; overwhelming guilt or shame; and depression.

The Psalmist is talking to himself here. He asks the question, **"Why art thou cast down, O my soul?"** These are words that come from a depressed heart. Depression is not just a malady that affects the soul of modern man, but it is a condition that has existed since the beginning of mankind. Listed symptoms can be the cause of our depression. However, there are times when depression comes to an individual and there is no apparent reason for its existence. This was the problem experienced by the Psalmist. He is searching for reasons.

The Psalmist's remedy is to, **"hope thou in God."** He is saying that his hope for overcoming the depression is preeminently, in God. When there are no obvious reasons for the depression, we have God as our merciful Helper. There is never a hopeless situation. If our depression is like that of the Psalmist's, then we must cast ourselves upon the mercy of God, allowing His perfect will to be done. If we know what is causing the depression, we must pull ourselves up by the bootstraps, trust God, and push forward. When we remember past victories and better times, we are well on our way out of the depression. In typology the river Jordan is the picture of death and God gave Israel a great victory there. They did not just come to the Jordan, but they crossed it, like they did the Red Sea. The reminder of this great event magnifies the power of God over any situation. If God can part the waters of the Red Sea and the Jordan, He can also deliver us from our depression.

With the outbreak of the Coronavirus (COVID-19) pandemic, many families are experiencing some of the depressing effects of cabin fever from a mandated self-isolation. Multitudes are at war with uncertainty, fear, and depression. Perhaps we can help! If you, or you know of someone with PTSD and having trouble keeping symptoms under control, or if you know of someone in need of a helping hand during this pandemic crisis, here are some suggestions. Reach out to a close friend, loved one, or member of the Marine Corps League. Contact your minister, a spiritual leader, or Detachment Chaplain (Ron Naugle 571 565 6980). If needed, call a suicide hotline number — in the United States, call the National Suicide Prevention Lifeline at 1-800-273-TALK (1-800-273-8255) to reach a trained counselor. Use that same number and press 1 to reach the Veterans Crisis Line. Make an appointment with your doctor or a mental health professional. Most importantly, the starting place for recovery is to **"hope thou in God."**

Semper Fidelis, Always Faithful.

Chaplain Ron



NEW DETACHMENT BYLAW VOTE

The new proposed Bylaws have been posted for review on the website, mclknoxville.org, and incorporate years worth of changes at the Detachment, Department, Division and National levels of the Marine Corps League. Simply stated, the Detachment Bylaws are our “Constitution” and provide the legal structure for everything that we do. All members are encouraged to participate in finalizing the new Bylaws. **A vote by the Members will be required to accept or reject the new bylaws during the next Detachment meeting.** All proposed changes should be delivered to David Hatfield, Detachment Judge Advocate.

MCL AUXILIARY



Hello, Ladies,

I am hoping that all of you are staying safe and healthy. I will let you all know when we have a good, safe plan for our next meeting.



Until we meet again,
Charlene Cotton, President

MAY RIFLE MATCH CANCELLED

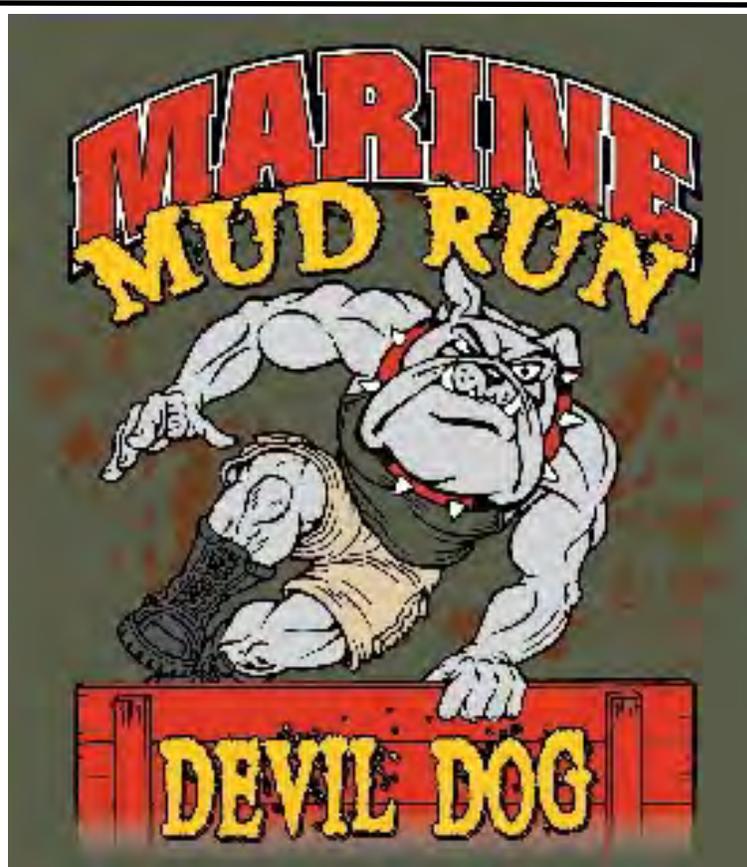
The Bill Gerst Memorial Rifle Match, scheduled for 9 May, has been cancelled. The TWRA Range complex has been shut down as part of the general County wide shutdown of non essential facilities and businesses. If the TWRA Ranges reopen in time for the regular monthly CMP Match in May, we will get that information out ASAP.

DEPARTMENT OF TENNESSEE CONVENTION

The Captain Jack Holland Detachment 735 is hosting the 39th annual Department Convention June 11th -14th and cordially invites all members of the Marine Corps League and Marine Corps League Auxiliary to Jackson, Tennessee!

NO DECISION HAS BEEN MADE TO CANCEL OR DELAY THE DEPARTMENT CONVENTION.

The Convention will be held at the DoubleTree by Hilton 1770 Hwy 45 Bypass Jackson, Tennessee 38305. Room rates for the convention are \$114 + tax/per night. Book your reservation by calling 731-664-6900. Reservations must be made by 12 May to guarantee your room and mention the Marine Corps League or MCL while booking to insure you get the guaranteed room rate. There are 2 entrée choices for Saturday’s banquet, Grilled Flank Steak and Roasted Airline Rotisserie Chicken. Banquet dinners are \$55.



MUD RUN PLANNING HAS BEGUN

In spite of the disruption caused by the Anti-Corona measures, the 2020 Mud Run is still on for 12 September. Marine Tim Eichhorn will be the Committee Chairman again this year, preliminary planning via the internet is ongoing and other key players are in place. All members should be thinking about what their Mud Run job will be this year.

May Calendar	
Officers Meeting	11
Rifle Match (CANCELLED)	9
Memorial Day Ceremony	25
Detachment Meeting	26

June Calendar	
Pound Growl	1
Officers Meeting	8
Department Convention	11-13
Detachment Meeting	30

July Calendar	
Officers Meeting	13
Detachment Meeting	28



SCRATCHES FROM THE CLAWS OF THE BARKING DOG

Smokey Mountain Pound 271 Growls are currently being held at Shoney's in Alcoa (Rt 129 at the airport). Growls will be at 1800 on 1 June, 14 September and 7 December. Don't miss the Tennessee Pack Growl in Jackson, TN during the Department Convention in June. Woof Woof!

mclknoxville.org
 The Detachment Webmaster is Marine Tim Shea. **mclknoxville.org** is up and will be updated to post events or news. The Bonnyman Gazette will continue to be posted in color on the website.



MEMBERS NEEDED FOR THE HONOR GUARD

The Detachment Honor Guard/Firing Detail is looking for new members to provide honors and salutes at memorial events and funerals. Members must be able to handle the M1 Rifle (9.5 pounds) and will need the League undress uniform (white SS shirt and Dress Blue trousers). The "U.S. Marines" Red Satin jacket is also worn in cold weather. Expert training will be provided and no experience (other than Boot Camp) is necessary. Contact Marine David Hatfield for details.



RED BLAZERS AVAILABLE

Marine Corps League uniform 2 button red blazers are available at **uniformalwear-house.com** Prices range from \$69.95 to \$79.95, depending on size. Red blazers are also available at **J.C. Penney** as the "Stafford Blazer" Official MCL buttons can be purchased through the Detachment Quartermaster and installed by you or your tailor. MCL authorized pocket badges for wear with the blazer can be ordered at: **www.pocketbadge.com**

ALEXANDER BONNYMAN UNIT REPORT**NORTH KNOXVILLE YOUNG MARINES**

For obvious reasons, all Young Marine activities have come to a halt. Hopefully some of the more important and fun summer activities can be salvaged as the states reopen. No doubt our Young Marines will be ready to help wherever needed when the time comes.

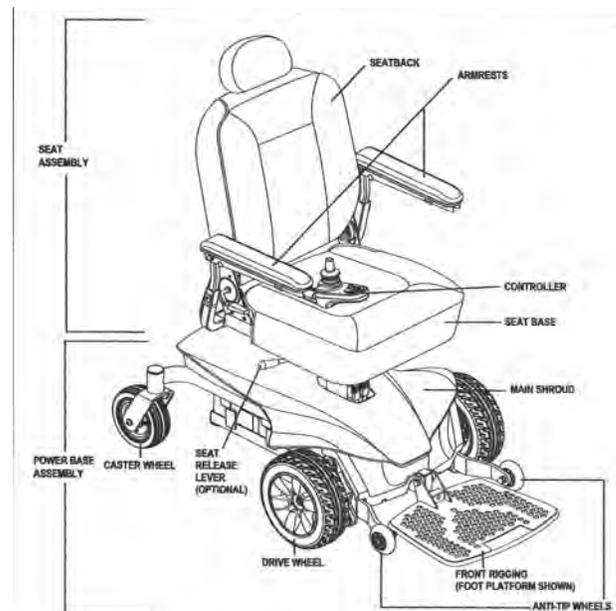
SGT QUENTIN NEWTON FUNERAL

The Alexander Bonnyman Detachment Honor Guard was called on to provide Military Honors for SGT Newton at the East Tennessee Veteran's Cemetery on 18 April. SGT Newton died suddenly during training at the Air-Ground Combat Center, 29 Palms, CA. He was a graduate of Carter High School and joined the Marine Corps in 2013. Our hearts go out to his family and we are honored and proud to be part of his journey home to Tennessee. By all accounts, SGT Newton served with pride and dedication for seven years. His childhood dream of being a Marine was fulfilled and he will be greatly missed.

Semper Fi Sergeant Newton

POWER CHAIR DONATED

A Jazzy Series Power Chair was recently donated to the Alexander Bonnyman Detachment. The chair is in great shape and can be made available to a League member in need for as long as needed. Information on the terms of use for the chair will be available soon.



JAZZY ELITE ES POWER CHAIR

IMPORTANT REMINDERS!

1. Due to rule changes by TDOT, all holiday weekend Detachment Safety Breaks have been cancelled.
2. Please inform the Detachment Paymaster, Lee Rhinemiller, of any member address change. An increasing number of Bonnyman Gazettes are being returned because members have moved to a new address.
3. 31 August is the due date for all annual member dues. Don't wait until the last minute to renew!
4. Only 5 of 7 rifle shooters were available for the Honor Guard to provide final honors for a League member who passed away in February. We need more League members to be trained and equipped to provide this important service to our Fallen Marines and their families.

Lt. Alexander Bonnyman Det. # 924
Marine Corps League
Post Office Box 53293
Knoxville, TN 37950-3293

RETURN SERVICE REQUESTED



Lt. Alexander Bonnyman Detachment 924, Marine Corps League, Application for Membership

PLEASE PRINT IN PEN

Name _____ Phone (_____) _____

Street Address _____ City _____ State _____ Zip Code _____+_____

E-Mail _____ Service/Social Security No ____/____/____

Date of Birth ____/____/____ Date of Enlistment/Commissioning ____/____/____ Date of Discharge/Retirement ____/____/____

Type of Application- New () Renewal () Type of Membership- Regular Member () Associate () Dual ()

Have you ever been convicted of a felony? () YES () NO *If yes is checked, I agree to waive my rights under the Privacy Act and disclose the nature of my felony conviction for consideration of membership in the Marine Corps League.*

I hereby apply for membership in the Lt. Alexander Bonnyman Detachment, Marine Corps League, Department of Tennessee, and enclose \$28.00 **for one year's membership that includes a year's subscription to the Marine Corps League quarterly magazine.**

I certify that I am currently serving or have served honorably in the U. S. Marine Corps, on active duty, for not less than ninety (90) days and earned the Eagle, Globe and Anchor,* or have served or am currently serving in the U. S. Marine Corps Reserve and have earned no less than ninety (90) Reserve Retirement Points or that I have served or am currently serving as a U. S. Navy Corpsman who has trained with Marine FMF Units in excess of ninety (90) days and earned the Marine Corps Device or Warfare Device worn on the Service Ribbon authorized for FMF Corpsman. **If discharged, I am in receipt of a DD Form 214 or Certificate of Discharge indicating "Honorable service." ("Honorable Service" will be defined by the last Form DD 214 or Certificate of Discharge that the applicant received).** *General discharge under Honorable Conditions is acceptable.* By signature on this application, I hereby agree to provide proof of honorable service/discharge upon request. I hereby authorize the National Executive Director, Marine Corps League to obtain an un-redacted copy of my latest DD Form 214 from the Marine Corps custodian of Official Military Personnel Files (OMPF), and/or verification of honorable service if deemed necessary to verify my eligibility for regular membership in the Marine Corps League. I understand the DD Form 214 may contain information such as military awards, training, and character of service.

*(Korean War Era Marines See National Bylaws, Article 6, Section 600)

Sponsor (where applicable) _____
Applicant's Signature
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